

Group rules

- 1) Please be on time!
- 2) What is discussed in this room, stays in this room!
- 3) Please treat each other respectfully!
- 4) Please listen to others & let them finish speaking!
- 5) Please show respect for different opinions!
- 6) Everyone decides for themselves what and how much to tell in front of the group!
- 7) Please speak in first person ("I") instead of using generalizations!
- 8) In case you have to leave the training early due to other obligations, please let us know at the beginning of the session!
- 9) The trainers will be happy to answer any remaining questions at the end of the session!