



Therapy Unit 7: Empathizing



Worksheet 7.3 Change of perspective exercise: How can I empathize with other people? Example: Elderly man at the cash register.

(*"Marionette Show" by Sister 72*)

What would you think/feel in the situation?	
What would the cashier think/feel?	
What would the elderly man think/feel?	
What would help you to understand the perspective of the elderly man?	